

### **Newsletter or Church Bulletin Announcement**

Are you or someone you know struggling after an abortion? It's time to find hope and healing with Hearts Restored. This post-abortion healing ministry will accompany you on your unique healing journey, offering mentorship, individual counseling, group settings, retreats, spiritual support, and more. Restore your peace and hope today. Call the Hearts Restored hotline at **402-783-HOPE (4673)** or email the confidential, secure inbox at [FindPeace@HeartsRestoredNebraska.org](mailto:FindPeace@HeartsRestoredNebraska.org). Learn more about Hearts Restored at [HeartsRestoredNebraska.org](http://HeartsRestoredNebraska.org).